



Psychology

Unit V Study Guide: Behavioral Psychology

Name:

Section:

Directions: Answer the series of questions below to help you prepare for the upcoming Unit V Test on Behavioral Psychology.

Section 1: Testing for Normality

1. What does biology have to do with the study of psychology?

2. Explain each of the Biological perspectives of behavior
 - a. Physiological –

 - b. Ontogenetic -

 - c. Evolutionary -

 - d. Functional –

3. Explain each of the mind-brain perspectives
 - a. Dualism –

 - b. Monism –

4. Explain the impact genes can have on behavior

5. Explain the principles of evolutionary psychology

6. Why is research necessary to identify abnormality? How is the scientific method used?

7. How is the DSM used to diagnose and test for mental illness?

8. How are assessments and clinical diagnosis used to identify mental illnesses?

9. What are clinical interviews and their purposes?

10. Explain the methods used in the different psychological tests and their purpose
 - a. Rorschach Inkblot Test –

 - b. Thematic Apperception Test –

c. Sentence Completion Test –

11. How can physical examinations help identify psychological issues?

Section 2: Abnormal Psychology

1. In the field of psychology what is “abnormal” Behavior?
2. Why must psychologists be careful when labeling a behavior as “abnormal?”
3. Explain labeling theory
4. Explain the four Ds of abnormality
 - a. Deviance
 - b. Distress
 - c. Dysfunction
 - d. Danger
5. What is the idea of “otherness” and how can it effect the behavior of an individual?
6. In terms of psychology what is a mental illness?
7. What is the purpose of the DSM and its groupings?
8. Explain each of the following psychological disorders
 - a. ADHD/ADD
 - b. PTSD
 - c. Anxiety
 - d. Depression
 - e. OCD
 - f. Phobias
 - g. Eating Disorders
 - h. Stress

9. Explain the different methods used to treat mental illness

Section 3: Abstract Ideas

1. What is dream theory and how is it used to understand the human psyche?
2. Why is dream theory considered controversial in psychology?
3. In your own words be able to describe the idea of existentialism and its value in the study of psychology.
4. How does existentialism complicate the identity of self?
5. What is Alan Watt's idea of nothingness?
6. What is the problem of worrying and how does Alan Watts actually purpose ending the cycle of worry?