



Psychology
Adlerian Theory

Name:
Section:

Directions: Read the article about Alfred Adler by the Adler Graduate School and take notes using the Cornell Format. In Cornell notes the concept goes on the left and an explanation on the right, with a summary at the bottom.

Adlerian Theory	
Key Points	Details
Encouragement vs. Discouragement	
Unity of the individual	
Goal Orientation	
Self-Determination and Uniqueness	
Social Context	
The Feeling of Community	
Mental Health	
Treatment	
Summary:	

