# Human Sexuality Social Agents

# Defining Human Sexuality

- Sex can refer to:
  - Biological features
    - E.g. Gender
  - Physical Act
  - Gender Identity
- Human sexuality refers to:
  - Actions of sexual expression, as seen by cultural surroundings
    - i.e. What it means to be a "masculine" in society vs what it means to be "feminine"



# Sexuality and Values

- Pluralistic society embraces wide range of sexual attitudes and values
  - Diverse societies more likely to accept range of behaviors, while more culturally homogeneous more likely to expect gender conformity
- Values influence sexual attitudes & behavior
  - Values: the qualities in life that are deemed important or unimportant, right or wrong, desirable or undesirable

## View of Sexuality Values

- Legalism Moral laws from an external source
  - "If it is legal it must be ok"
    - Ex. If Homosexuality is legal it must be "ok"
- Situational Ethics decision making is context-dependent and rules are flexible
  - Ex. "Something may not be ok now, but might be under other circumstances"
- Ethical Relativism no one correct moral view, but rather diversity in beliefs is considered natural and based upon culture
  - "It might be ok for one culture, but not another, and it shouldn't be judged"
    - Ex. "I'm not homosexual, but I don't judge people who are"

## The Sociological Perspective

- Examine effect of cultural institutions and beliefs on sexual behavior and attitudes
  - Ex. How does the strength of religious institutions impact the views of sexuality in country A versus country B?
- Societies differ widely in sexual attitudes, practices, customs, e.g.
  - Marriage
    - What is the role and definition of marriage?
  - Sex partners
    - Views of "promiscuity"
  - What constitutes Sexual Contact
- Double Standard Often what is "acceptable" for males is seen as "unacceptable" for females

# Sources of Views of Sexuality

#### Parents

 Responsible for earliest views of sexuality. Children learn by observing

#### Peers

Open individuals to variety of different perceptions

#### Religion

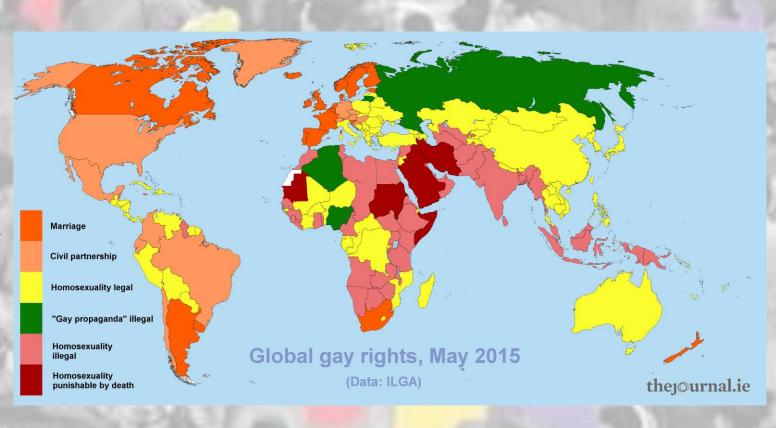
 Typically teach to the conformity of traditional roles and values

#### Ethnicity

 Differing cultural views based on ideals of ethnic group

#### Mainstream culture

 Provide more insight into cultural norms



# Perspectives of Human Sexuality: Classical Era

- The Historical Perspective
  - No uniform understanding of Human Sexuality
    - Many difference throughout history
  - Historical Examples
    - Incestuous relationships in classical era
    - Having male and female extra-marital relationships in ancient Greece and Rome
    - Ancient Hebrew practicing Polygamy
    - Prostitution "oldest profession"



# Perspectives of Human Sexuality: Religion

- Most major religions have stricter views of sexuality and gender roles
  - Islam
    - The Islamic tradition values only marital sexual contact
  - Far East
    - Taoism (China) sex is a form of worship that leads to harmony with nature, as well as immortality
  - The Early Christians
    - Sex was restricted to marriage and was for procreation and not for pleasure
    - Lust made sexual expression inherently evil
    - Divorce was outlawed



# Perspectives of Human Sexuality: Modern Changes

- The Middle Ages
  - Women viewed as Sinful (Eve) and Saintly (Mary)
- The Protestant Reformation
  - Idea of Marriage for priests, and sex for more than just procreation
- Colonial Era
  - Europeans transported ideas to other cultures
- Industrial Era
  - Sexuality suppressed and not talked about

# Perspectives of Human Sexuality: The 60s

- The Sexual Revolution
  - During the 1960s and 70s views on sexuality changed
  - Forces that brought about the revolution include
    - The birth-control pill
    - The mass media
    - Playboy Magazine
  - Discussion and portrayals of sexuality accepted & commonplace



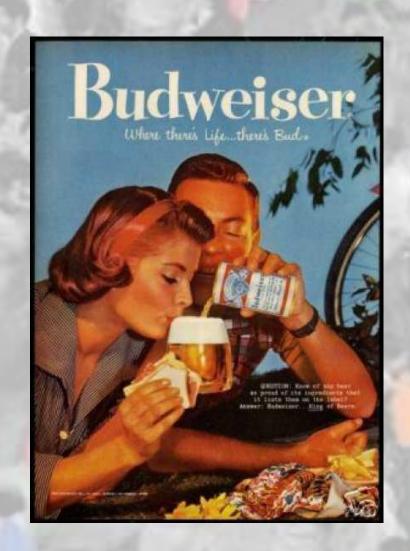
# Broadening Perspectives of Sexuality

- Gay Rights activism
  - Arose during the sexual revolution
  - AIDS education, prevention, and treatment
  - Pushing for legal marriage equality
    - Achieved in United States in June, 2015
- Sex research
  - Trying to learn more about psychology of sexual attraction
    - Sexually explicit questionnaires
    - Masters & Johnson laboratory research



# The Historical Perspective: Recent Trends

- More teens sexually active
  - Teen Pregnancy is down
  - Sexual Education is more common
- Teens are becoming sexually active at younger ages
- Female sexuality is accepted
- Gay Rights movements common
- Sex is discussed openly
  - Pornography commonplace
  - Sexual themes in advertising



# Feminist Theory

- Challenges such traditional views as
  - Men as breadwinners, women as homemakers
  - Men as political policymakers
  - Men as objective, rational beings and women as emotional, irrational creatures
- Asserts men have no right to control a women's body
  - Main argument being used against abortion



# Homosexual Theory

- Theory of the psychology and sociology of gender roles and sexual orientation
  - Challenges heterosexist assumptions
- Asserts sexuality is more varied than those in power want to believe
  - Ex. Just because there is a law that bans it, it doesn't mean it does not exist

