

Behavioral Science

Treating Mental Disorders

<u>Directions</u>: Read the Simply Psychology article on the Medical Model of treating Mental Disorders and answer the series of questions below. https://www.simplypsychology.org/medical-model.html

- 1. What is the DSM and how is it used to Diagnose Mental Disorders?
- 2. What are the positives and negatives of the following types of treatments for mental disorders?
 - Medication
 - Electro Convulsion Therapy
 - Psychosurgery
- 3. Using your ideas, what is the importance of a support network (usually made up of close loved-ones, or people facing similar issues) for the treatment of anxiety, depression, stress, or another mental disorder?